



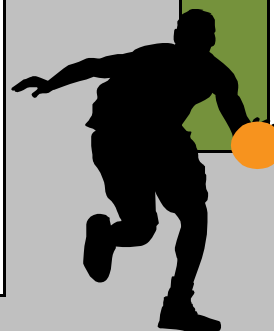
# EBCC Gym Schedule

## JANUARY 9th-31st

1/6/2016

**Camp All Day in the Gym on January 18th**

|         | Monday  | Tuesday   | Wednesday                                    | Thursday  | Friday                                      | Saturday  | Sunday                            |
|---------|---|---|--|---|---|---|-----------------------------------|
| 5:30am  | <b>Open Gym</b>   |   | <b>Open Gym</b>                              |   |   |   |                                   |
| 6:00am  | <b>Sport Conditioning</b><br>6:00-6:45                          |   | <b>Sport Conditioning</b><br>6:00-6:45       |   |   |   |                                   |
| 6:30am  |   | <b>Open Gym</b>   |  | <b>Open Gym</b>   | <b>Open Gym</b><br>5:30-9:00                |   |                                   |
| 7:00am  | <b>Bootcamp</b><br>7:00-8:00                                    | 5:30-8:30   | <b>Bootcamp</b><br>7:00-8:00                 | 5:30-8:30   |   | <b>Open Gym</b>   |                                   |
| 7:30am  |   |   |  |   |   | <b>Drop-in Carve</b><br>8:00-9:00                             |                                   |
| 8:00am  | <b>Open Gym</b><br>8:00-9:00                                    |   | <b>Open Gym</b><br>8:00-9:00                 |   |   | <b>Drop-in Carve</b><br>8:00-9:00                             |                                   |
| 8:30am  |   | <b>Drop-in Boulder Lift</b><br>8:30-9:30                        |  | <b>Drop-in Boulder Lift</b><br>8:30-9:30                  |   | <b>Drop-in Carve</b><br>9:00-10:00                            |                                   |
| 9:00am  | <b>Drop-in Boulder Lift</b><br>9:00-10:00<br><i>not on 1/18</i> |   | <b>Drop-in Boulder Lift</b><br>9:00-10:00    |   | <b>Drop-in Total Body Fit</b><br>9:00-10:00 |   | <b>Open Gym</b><br>8:30-1:45      |
| 9:30am  |   |   |  |   |   |   |                                   |
| 10:00am | <b>Open Gym</b> 10:00-11:00<br><i>not on 1/18</i>               |   |  |   | <b>EXPAND Friday Fun</b><br>10:00-11:30     | <b>Super Tots Sampler</b><br>10:00-12:00<br><i>not on 1/9</i> |                                   |
| 10:30am |   | <b>Open Gym</b>   | <b>Open Gym</b>                              | <b>Gonzo Tennis</b><br>10:00-1:00                         |   |   | <b>Gonzo Tennis</b><br>10:30-1:00 |
| 11:00am | <b>Pickleball</b><br>11:00-1:00<br><i>not on 1/18</i>           | <b>Quad Rugby</b><br>10:30-1:30                                 |  | <b>Open Gym</b><br>9:30-3:30                              |   | <b>Open Gym</b><br>12:00-6:00                                 |                                   |
| 11:30am |   |   |  |   | <b>Drop-in Pickleball</b><br>11:30-1:30     |   |                                   |
| 12:00pm |   |   |  |   |   |   |                                   |
| 12:30pm |   |   |  |   |   |   |                                   |
| 1:00pm  | <b>Open Gym</b><br>1:00-3:30<br><i>not on 1/18</i>              | <b>Rental</b><br>1:30-3:00                                      | <b>Adult Volleyball</b><br>12:30-4:30        |   | <b>Drop-in Snr Vball</b><br>1:30-3:30       | <b>Gonzo Tennis</b><br>1:00-4:00<br><i>not on 1/9</i>         | <b>Gonzo Tennis</b><br>1:45-4:00  |
| 1:30pm  |   |   |  |   | <b>Open Gym</b><br>1:30-3:30                |   |                                   |
| 2:00pm  |   |   |  |   |   |   |                                   |
| 2:30pm  |   |   |  |   |   |   |                                   |
| 3:00pm  |   |   |  |   |   |   |                                   |
| 3:30pm  | <b>Gonzo Tennis</b><br>3:15-5:30<br><i>not on 1/18</i>          | <b>Drop-in All Ages Bball</b><br>3:30-5:00<br><i>not on 1/5</i> | <b>Vball and Tennis</b>                      | <b>Gonzo Tennis</b><br>3:00-5:30                          | <b>EXPAND</b><br>4:00-5:30                  | <b>*NEW* Pickleball</b><br>all 1:00-7:00                      | <b>Open Gym</b><br>4:00-7:00      |
| 4:00pm  | <b>Open Gym</b><br>3:30-9:30<br><i>not on 1/18</i>              |   |  | <b>Super Tot Sampler</b><br>3:30-5:30<br><i>only 1/14</i> | <b>Drop-in All Ages Bball</b><br>3:30-5:00  |   |                                   |
| 4:30pm  |   |   |  |   |   |   |                                   |
| 5:00pm  |   |   |  |   |   |   |                                   |
| 5:30pm  |   | <b>Expand Sports</b><br>4:00-8:30                               | <b>Open Gym</b><br>4:30-6:30                 |   | <b>Open Gym</b><br>5:30-7:00                |   |                                   |
| 6:00pm  |   |   |  |   |   |   |                                   |
| 6:30pm  | <b>Volleyball League</b><br>6:30-10:00                          |   | <b>Co-ed Volleyball League</b><br>6:30-10:00 | <b>Women's Volleyball League</b><br>5:30-10:00            | <b>Drop-in Co-Ed Vball</b><br>7:00-9:15     |   |                                   |
| 7:00pm  |   |   |  |   |   |   |                                   |
| 7:30pm  |   |   |  |   |   |   |                                   |
| 8:00pm  |   |   |  |   |   |   |                                   |
| 8:30pm  |   |   |  |   |   |   |                                   |
| 9:00pm  |   | <b>Open Gym</b><br>8:30-9:30                                    |  |   |   |   |                                   |
| 9:30pm  |   |   |  |   |   |   |                                   |



**GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME**

For more information call 303-441-4400 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)